***Assisting professionals to teach Normal Breastfeeding!***

Ready to become more proficient when offering breastfeeding education? This course is designed to improve the skill base, knowledge and perspectives on breastfeeding and supporting both the Baby Friendly Hospital Initiative and Mother Friendly practices. Additionally, this course begins the coursework to become a certified lactation educator with CAPPA.

Offering 24 CAPPA Contact Hours and Nursing Hours upon request. 21.5 L-CERPS available.

Transform your understanding about what breastfeeding/breastmilk really is:

* An irreplaceable relationship
* A brain developer
* A complete immune boost
* An ever-changing cell structure
* A living tissue

Transform your professional skills

* Increase skills of care in the first hours after birth
* Increase further knowledge to support continued breastfeeding
* Learn unique strategies for teaching breastfeeding to families
* Explore adult learning styles
* Enhance your communication skills
* Learn from case studies

Transform yourself

* Take the leap to explore new ways to work with families
* Connect with other women who love working with moms and babies as well as interacting with other professionals in the field of Lactation
* Open your mind about new concepts surrounding breastfeeding
* Take the first step to becoming certified as a lactation educator with CAPPA

Who should attend: This workshop is valuable for professionals such as Doctors, Midwives, Registered Nurses, Nurse Practitioners Lactation Consultants, Doulas, Osteopaths, Chiropractors, Occupational Therapists, Speech and language Pathologists, Pharmacists, Naturopaths, Osteopaths, Dieticians, Nutritionists, Massage therapist, or mothers giving peer support etc. and others who may want to pursue a career as a Certified Lactation Educator. It can also spark your interest into starting your IBCLC Journey.

Offering 21.25 L-CERPS and 24 CAPPA Contact Hours. RD and nursing contact hours potentially available on request.

This course satisfies the following:

[\*The Core Competencies in Breastfeeding Care and Services for All Health Professionals as outlined by the United States Breastfeeding Committee](http://www.usbreastfeeding.org/core-competencies)(no endorsement by the USBC is implied). *Ideal for labor and postpartum doulas, Health worker staff, public health employees, and anyone looking to offer lactation education.*

The 20 Hour Lactation management course meets all the criteria as ascribed to by the Baby Friendly Initiatives in each Province. BFHI Ideal for hospital staff, pediatricians, obstetricians, midwives, and PAs specializing in maternity care*.(no endorsement by the Breastfeeding Committee of Canada implied)*

<http://www.breastfeedingcanada.ca>

[\*The CAPPA Lactation Educator™, CLE® or CAPPA Community Educator™, LE(C) certification steps for workshop attendance.](http://www.cappa.net/lactation-educator)Ideal for anyone wanting to become a Certified Lactation Educator™, CLE®.

**Includes:**

The CAPPA 20 Hour Lactation Educator Training Class includes the CAPPA Lactation Manual, membership, resources, and other ways to enhance your practice.

**How to Certify as a CLE®:**[**http://www.cappa.net/lactation-educator**](http://www.cappa.net/lactation-educator)

**Faculty:**[**www.birthandbabyneeds.com**](http://www.birthandbabyneeds.com/)

**Dates**: **May 12, 13, and 14, 2021**

**COST: Regular cost is $600. If application and payment are received by April 12 /2021 Early Bird Fee will be $575. If three or more participants enrolled together the fee will be $555 if received before the early bird deadline. Membership to CAPPA will be included in all registrations if requested.**

**Training will be held at: In your Home by ZOOM and organized by:**

Birth and Baby Needs

1022 Waterdown Rd.  
Burlington, Ontario, L7T 1N3

**TO REGISTER FOR THIS TRAINING**,

Call 289-244-0442 or email attie.sandink@gmail.com

For a great, interactive workshop of learning and sharing

Trainer and facilitator: Attie Sandink RN, IBCLC, CLE®,CBE.

For further information and to register, please

Call Attie 289 244 0442

or email: [attie.sandink@gmail.com](mailto:attie.sandink@gmail.com)

---------------------------------------------------------------------------------------------------------------------------

**Registration Form CAPPA Canada Lactation Education Workshop**

**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Address\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Telephone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Email\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Occupation\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Organization you belong to\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Are you a CAPPA Member Yes\_\_\_\_\_\_\_\_\_\_ No\_\_\_\_\_\_\_\_\_\_**

**Payment Amount enclosed $600.00 yes\_\_\_\_ $575 \_\_\_ or special group rate $555\_\_\_\_\_**

**Cheque\_\_\_\_\_\_\_\_to be mailed \_\_\_\_\_ Money Order\_\_\_\_\_\_\_\_\_\_\_\_\_**

**e transfer\_\_x\_\_\_\_\_ my email above, include passcode if asked (breastfeeding)**

**---------------------------------------------------------------------------------------**

**Please make cheques payable to Attie Sandink**

**And mail to my address below**

**1559 Centre Rd. RR #2**

**Hamilton, ON. Canada L8N 2Z7**

Please make payment by February 15/2020. I will be holding the payment until I get a minimum of 8 participants. If class does not run you will get a full refund or cancellation of your cheque

***Please remember that there will be no refunds given if you are unable to attend. You may however sell your own spot to someone else but our accounting system does not allow us to do that for you. Thanks for co-operation in this. The “no refund” policy has had to be put in place by CAPPA because of all the cost involved in time, handouts, pre-booked cost of venue etc. Thanks Attie***